

Power of Clearing Coaching Certification Program testimonial

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Bellingham, WA

What exactly did you get out of this course?

- I learned about a very simple, potent and effective method to become aware of negative subconscious patterning which creates outcomes in my life that I do not like and do not want to take responsibility for.
- I became aware of the amazing creative responsibility I have for all the pain, suffering, peace and joy in my life. This is wonderfully empowering because the clearing process gives me a tool to clear illusions I want to let go of and cultivate Truth.
- Through experiencing and using this tool I cleared a tremendous amount of guilt, fear and feelings of worthlessness which had all been internalized through emotional traumas from a very young age
- I regained, in a very deep and visceral way, feelings of safety and the knowledge that I am innocent, perfect, whole and complete just as I am.
- I confronted my pattern of just making enough money to survive and released the guilt and fear that I had come to associate with personal abundance
- I have become much more precise, committed and present in my language and communication
- I have become aware of my deeply internalized voice of criticism and judgment (Ego) and now can employ the loving, neutral voice of my Watcher to acknowledge and appreciate the ego voice
- With the voice of my Watcher, I am much more able to make conscious choices of how to direct my attention and energy in thought, word and deed. This allows me to respond consciously to life rather than to react impulsively to life
- In recognizing how I create my own suffering by projecting my beliefs onto others, I am now able to feel much more connected to people in my life, honoring them for their amazing role in helping me to learn about myself and clear up negative beliefs

- I gained a deep appreciation for the healing power of presence, eye contact and listening deeply. I feel confident in offering it to others both in everyday interactions and in holding space as a Clearing Coach
- I deepened my appreciation for the body. Though it is also from the world of illusion, the body is an amazing conduit of feelings which help me to discern in each moment Big 'T' from little 't' (feelings of lightness and expansion vs feelings of darkness and contraction)
- I learned that I am limitless and abundant. Specifically, it is possible for me to make a joyful living doing something that is creative and healing (being an artist/hand analyst/coach). I released the belief that to be loved, accepted and respected by my parents, I would have to struggle to earn money doing work I do not care for.
- I have learned to be much more loving, kind and gentle with myself knowing that the work of life is to love imperfection by living little 't' and Big 'T' in the most transparent awareness (to myself and others) as possible
- I now have a concise, clear language to articulate and navigate my reality. For example: The Truth is that I am an expression of love, one and the same as every person in my life. Any upsets I encounter in my life are rich learning opportunities to clear false beliefs that keep me separate and suffering instead of my natural state which is to be in communion and at peace.

How will you use what you learned from the course to change your life?

- I have learned that the Universe and all of life conspires to help us humans return to our natural, beautiful, unique and perfect way of being. This knowledge will help ground me when I notice that I am acting out of fear rather than love - always I want to be motivated by love
- I have learned the value of clarity and specificity and will use the most clear, specific language I have in speaking. This can be specifically applied to being very specific about what I want / truly desire in my heart and visioning it clearly.
- I have learned that the essence of communication is intention. This will change my life by my mindful intention to be heard and seen in the full expression of who I am
- I have started a personal practice of reading the ACIM lessons every morning to gently train my mind to return to big 'T'
- I am now aware that hurts and upsets in life are opportunities to clear false beliefs. Instead of getting lost in the suffering of my upsets, I now can acknowledge them and clear them as they come up.

- I have learned that I am safe be courageous and take risks in my life in expressing what is true for me in the moment and taking action that feels most authentic. This is a way of allowing me to be friends with my fear. Beyond my fear I choose to be epic and grand, a creative, unique facet of Love itself.
- I will use the clearing tool in order to free myself from pain and suffering created by perpetuating illusions of separation and guilt.
- I will practice every day to know, trust, embrace and live my wants, knowing they also come from Big 'T'
- I have learned to offer up all my intentions and wants to the Holy Spirit. May the Holy Spirit guide me to listen and act from Big 'T'
- My life is changed by knowing I can release the illusions of guilt, scarcity and suffering. My birthright and natural state is innocence, abundance, peace and joy. My intention is to reflect this Big 'T' truth in how i live in the world

What concrete 5 steps will you take in the next month to change your life that will demonstrate and put the course in action with your life?

- I will call 5 friends that I have identified with specific reasons on how they may benefit from this work by January 19, 2014. I will enroll them to experience this work. I intend to count these sessions towards my Power of Clearing Coaching Certification
- Every morning until March 30, 2014 I will spend at least 10 minutes in quiet asking the question "What do I truly desire at this moment?"
- I will make a commitment to with one of my POCCCP or Choosing Freedom classmates to do a clearing check-in monthly
- I will write a blog post about my experience at POCCCP and express my truth about the transformative experience by January 13, 2014
- I will have a conversation with my mom, dad and uncle about what I learned, to share with them my learning and joy by January 31, 2014

Would you recommend anyone to the course? Why?

- Absolutely yes. POCCCP provides participants with a powerful, concrete tool that aims to heal and strengthen one's mind through experiencing it directly. The transformative, shared journey to learn the clearing process and share it with others is an invaluable investment.

May we use your feedback in promotion materials (initials only)?

- Yes, you may use my full name if you like.
- Thank you!